

Form 10: Chunks and Bridges

Module Number and Name: Mod 2: What is Social Safety?

Chunk 1	Reinforcement Activity	Introduction/Transition
Describe what social safety means to you.	Read "Psychological Safety"	Introduction: I bet that everyone on this Safety Net can very quickly bring to mind situations where you've felt social safe and socially unsafe. It is definitely an <i>experientially personal</i> feeling, isn't it? Nobody else can discern it for you.
		CHUNK! Read 1 st article/Describe social safety
		Transition: Now we'll see the relationship between how the brain learns and social safety. There are certain needs scientists have proven that the brain needs to be met to learn best: plenty of rest, nutrition and water; and not too much stress!

Chunk 2	Reinforcement Activity	Introduction/Transition
Read Sections II, III, and IV of "Kagan Structures are Brain-Based."	Give examples of 3 safe, 1 unsafe social situations.	Introduction: Although learning about the brain may not seem the most exciting subject in the world (I know it didn't used to be for me), it can really be quite thrilling, and this is one reason why: emotions have a profound affect on the brain and how we learn!
		CHUNK! Read 2 nd article/Illustrate w/examples
		Transition: Interesting, huh? How we learn is directly related to our emotional state! I love to learn what I <i>feel</i> most excited about – how about you?

Chunk 3	Reinforcement Activity	Introduction/Transition
View films	Safety Net discussion about SEL	Introduction: I think you will enjoy these films about social and emotional learning from the magazine <i>Edutopia</i> . Did you know that

Form adapted from Smith, R. M. *Conquering the Content*. San Francisco: Jossey-Bass, 2008.

		George Lucas – yes, <i>that</i> George Lucas – started this magazine? It's a very creative take on education. I get a lot of my courses' content from this beautiful mag.
		CHUNK! Enjoy the films/Post understanding to Safety Net
		Transition: How did you <i>Respond</i> to the films? To interacting on the Safety Net?

Chunk 4	Reinforce- ment Activity	Introduction/Transition
Read and analyze websites for 2 nd Affective Domain level, Responds	Write self-reflection	Introduction: How do you <i>respond</i> to new situations? I'm sure you have differing responses to every situation, don't you? I know I do!
		CHUNK! Read & analyze websites/Self-reflect based on Responds
		Transition: It's of the highest importance of all that you feel safe at the Home School. And since the Safety Net is your connection to other Home School students, it had better feel safe to you, hadn't it? The safer we feel socially, the higher the chances are that we'll tell others how we truly feel and what we really think – don't you think?

Chunk 5	Reinforcement Activity	Introduction/Transition
<i>Respond</i> to poll about your level of social safety on the Safety Net (responses are totally private). Do you have any improvements to suggest?	Follow-up with phone call from teacher (me)	Introduction: Here's a poll I devised to assess people's level of social safety on our Safety Net. Please let me know on a scale of 1 to 10 how safe you're feeling to express your true self on the Safety Net, with 10 being the safest feeling of all. It would be great if you would express why you feel the way you do and maybe even give examples. And if you have any ideas for improvements, Do Tell!!! And any improvements for our Netiquette rubric, as well? All responses will be kept strictly confidential.

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		<p>CHUNK! Respond to poll; follow-up phone conversation with teacher</p> <p>Transition: If you're feeling safe enough after our phone call to report your sense of social safety on the Safety Net itself, now's your chance! Don't worry if you're not, though, we're working on that very thing right now!</p>
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Chunk 6	Reinforcement Activity	Introduction/Transition
Analyze social safety on Safety Net	Recommend improvements?	<p>Introduction: Please express, if you're ready to, your level of social safety, or how safe you're feeling to express your true self, on the Safety Net, with 10 being the safest feeling of all. It would be great if you would express why you feel the way you do and maybe even give examples. And if you have any ideas for improvements, Do Tell!!! And any improvements for our Netiquette rubric?</p> <p>CHUNK! Analyze safety on Safety Net/ Recommend improvements</p> <p>Transition: In this module we've been speaking and learning about social safety. Now we're going to move on to emotional safety. Think there's much difference?</p>

Module Number and Name: Mod 3: What is Emotional Safety?

Chunk 1	Reinforcement Activity	Introduction/Transition
Read Edutopia article on emotional safety.	Brainstorm and discuss on Safety Net what emotional safety means to you, giving examples.	<p>Introduction: Again, safety plays a huge role in neuroscience and how the brain learns best; but this time we're talking about emotional safety! Is emotional safety related to social safety? What does emotional safety mean to you?</p> <p>CHUNK! Read article/brainstorm, give examples</p> <p>Transition: We're been talking about social</p>

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		and emotional safety and social and emotional learning. What do the safety and the learning have to do with each other, if anything?
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Chunk 2	Reinforcement Activity	Introduction/Transition
Watch rest of films	Summarize SEL	Introduction: Did you enjoy the movies? How do you feel after watching them? Are you inspired? Bored? Interested?
		CHUNK! Watch films/Summarize SEL on Safety Net
		Transition: After taking in all this material on social and emotional everything, what is most important to you about what we've been reading and discussing?

Chunk 3	Reinforcement Activity	Introduction/Transition
Read/analyze Valuing	Write self-reflection about Valuing	Introduction: What value do you place on these qualities of social and emotional safety and learning? Please let me know honestly in your self-reflections what this is all meaning to you. Thank you!
		CHUNK! Read & analyze Valuing/Self-reflect
		Transition: Now we're going to do something we haven't done yet: communicate on the Safety Net at the same time! Make sure you're free at 3:00 (or whenever it is) on Friday so we can all meet together. Have a pen and paper available so you can write down some of your ideas to talk about so you won't forget them if other folks are talking first. I look forward to seeing/hearing how everyone's doing now after creating our own Safety Net for three weeks!

Chunk 4	Reinforcement Activity	Introduction/Transition
Synchro-nous	Being able to relate to each	Introduction: Yup! This afternoon we'll all be "talking" together! I'm excited to

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discussion on emotional safety	other at the same time!	“meet” you all – all over again! First it was in person, then last week it was over the phone, and now it will be on the Safety Net. I especially am interested in any suggestions you have to make our Safety Net even safer!
		CHUNK! Synchronous discussion on Safety Net
		Transition: I think we’re pretty well versed in what SEL and SES (social-emotional learning and safety) mean to us now, individually and collectively. You think? Because now we’re going to move on to what we’ve been developing this wraparound safety for: our healing journeys. Because healing is something we all have in common.